### INTEGRATED HEALTH SERVICES

### **Administration of DMPA Injections**

# **☑** ABOUT THE SERVICE

Service is available at the Municipal Health Office (MHO) to any person/individual who needs medical assistance.

### **☑ HOW TO AVAIL OF THE SERVICE**

Fo	LLOW THESE STEPS	IT WILL TAKE YOU	PLEASE APPROACH
1.	Intake Interview  Midwife on Duty asks client reason for injection and writes client's data on the dispensary book.	2 minutes	MIDWIFE ON DUTY
2.	Assessment of Patient  Midwife on Duty takes medical history of patient. Gets vital signs and records in the Individual Treatment Record Form (ITR). Then, she refers the patient to the physician in duty.	2 minutes	Midwife on Duty -PHN -MHO
3.	Physician on Duty of the Municipal Health Office:  a. Examines patient b. Administers DMPA Injections.	5 to 10 minutes	<b>Dr. Victor Alan Torrefranca</b> Municipal Health Officer a. RHM/PHN b. RHM/PHN

**Attending Pre-Marriage Counseling at Municipal Health Office** 

# **☑ ABOUT THE SERVICE**

THE PURPOSE of this service is to educate would be couples in various family planning methods, how to become responsible parent and the basic care of mother and child.

Service is available at the Municipal Health Office (MHO) to any person/individual who needs pre-marriage counseling assistance.

FOLLOW THESE STEPS	IT WILL TAKE YOU	PLEASE APPROACH
<ol> <li>Registration         Midwife/Nurse on duty shall register would be couple applicants in the logbook.     </li> </ol>	3 minutes	MIDWIFE/NURSE ON DUTY
2. Lecture on Pre- Marriage Counseling  Midwife/Nurse on duty shall provide lectures specifically on family planning. Family Relationships and Fertility awareness.	4 hours	Midwife on Duty MHO  DSWD-Home Mag't and Budgeting  DA - On livelihood
3. PMC Certification  The MHO will sign the PMC certification	3 minutes	Victor Alan A. Torrefranca MHO

### **Availing of general consultation at Municipal Health Office**

### **☑ ABOUT THE SERVICE**

THE PURPOSE of this service is to diagnose and treat illnesses and give appropriate medical services.

Service is available at the Municipal Health Office (MHO) to any person/individual who needs medical assistance.

### **☑ HOW TO AVAIL OF THE SERVICE**

	FOLLOW THESE STEPS	IT WILL TAKE YOU	PLEASE APPROACH
4.	Admit Client for OPD  Midwife on Duty asks client reason for consultation and writes client's data on the dispensary book.	2 minutes	Midwife on Duty
5.	Assessment of Patient  Midwife on Duty takes medical history of patient. Gets vital signs and records in the Individual Treatment Record Form (ITR). Then, she refers the patient to the physician in duty.	2 minutes	Midwife on Duty
6.	Physician on Duty of the Municipal Health Office: a. Examines patient b. Prescribes appropriate medicine and gives medical advice c. Refers patient to assigned personnel for issuance of medicine d. If hospitalization is required, fill-up referral form to the hospital or choice.	5 to 10 minutes	Victor Alan A. Torrefranca MHO

### **Availing of general consultation at Municipal Health Office**

# ☑ ABOUT THE SERVICE

THE PURPOSE of this service is to diagnose and treat illnesses and give appropriate medical services.

Service is available at the Municipal Health Office (MHO) to any person/individual who needs medical assistance.

FOLLOW THESE STEPS	IT WILL TAKE YOU	PLEASE APPROACH
7. Admit Client for OPD  Midwife on Duty asks client reason for consultation and writes client's data on the dispensary book.	2 minutes	Midwife on Duty
8. Assessment of Patient  Midwife on Duty takes medical history of patient. Gets vital signs and records in the Individual Treatment Record Form (ITR). Then, she refers the patient to the physician in duty.	2 minutes	Midwife on Duty
9. Examination of Patient Physician on Duty of the Municipal Health Office: 10. Examines patient	5 to 10 minutes	<b>Dr. Victor Alan A. Torrefranca</b> Municipal Health Officer

11.	Prescribes appropriate medicine and gives medical advice	Midwife/PHN
12.	Refers patient to assigned personnel for issuance of medicine	
13.	If hospitalization is required, fill-up referral form to the hospital or choice.	

**Availing of immunization services** 

### **☑ ABOUT THE SERVICE**

THE PURPOSE of this service is to immunize children 0 to 11 months old from 7 immunizable diseases.

The MUNICIPAL Health Office (MHO) also immunizes pregnant mothers to prevent the occurence of Tetanus Neonatorum in infants.

This service is provided free-of-charge.

# ☑ HOW TO AVAIL OF THE SERVICE

FOLLOW THESE STEPS	IT WILL TAKE YOU	PLEASE APPROACH
<ol> <li>Registration</li> <li>Midwife on Duty asks data of child or pregnant mother to be immunized. She looks at past immunizations given to the child or pregnant mother.</li> </ol>	3 minutes	Midwife on duty and EPI Nurse Coordinator-Pre immunization, Counseling, Breastfeeding, complementary feeding Midwife-to record
2. Immunization  Midwife on Duty gives immunization as requested.	5 minutes	immunization in TCL & White card of the child Midwife/PHN
Midwife gives mother or pregnant mother post- immunization instructions and informs her about the schedule for the next round of immunization.	2 minutes	Post immunization counseling on effects and side effects –PHN – Midwife give meds for fever and pain Midwife/PHN

## **Availing of maternal care services**

### **☑ ABOUT THE SERVICE**

**☑** FEES

THE MUNICIPAL HEALTH OFFICE (MHO) provides a comprehensive maternal care program for pregrnant and lactating mothers.

Deliveries		
Normal Spontaneous Deliveries	P	
Newborn Care		

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FOLLOW THESE STEPS	IT WILL TAKE YOU	PLEASE APPROACH
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1.	Regis	stration		
		idwife accomplished the Home-Based Maternity Record HBMR) card of the mother.	5 minutes	Midwife on Duty
2.	2. Pre-Natal Examination Health Education			
	Midw	rife on Duty:		
	a.	Checks client's abdominal palpitation and informs the mother of her findings	8 minutes	Midwife on Duty& PHN
	b.	Gives mother health instructions on proper nutrition and maternity care		Midwife on Duty& Fill
	C.	Emphasizes the importance of reporting to the CHO once she feels the occurrence of pregnancy danger signs		
	d.	Gives mother maternity care services		

### **Availing of family planning services**

### **☑ ABOUT THE SERVICE**

THE MUNICIPAL HEALTH Office (MHO) manages a Family Planning Program.

This is available for free to all clients.

#### ☑ PROGRAM COVERAGE

The program covers the following services:

- Basic Family Planning Education
- Provision of Family Planning Commodities
- Information on Family Planning Methods
- Health Education (especially regarding examinations/tests needed by clients relative to the family planning method chosen; and medical management of problems resulting from the method used)

### V FEES

>	Delivery Fee -	1,000.00	
	Others/Additional Charges		
>	Oxygen	-	100.00/hour
>	D5 LR	-	100.00
>	IV Tubing	-	85.00
>	Venflon (IV Cannula)	-	75.00
>	Newborn Screening Fee	-	550.00
>	ECG Tracing and Reading	-	150.00

### Availing of dental examination and tooth extraction

### **ABOUT THE SERVICE**

This service is available to pre-school and school-age children, pregnant mothers and other adults to prevent and treat dental diseases.

Clients may avail of the service at MHO. Dental consultation and Tooth extraction is available on Thursdays and Fridays.

#### ✓ FEES

### **Tooth Extraction**

Extraction of temporary tooth50.00

> Extraction of Anterior Tooth (front) - 60.00

Extraction of Posterior Tooth (back)70.00

Extraction of Impacted tooth - 100.00

Tooth Filling (per tooth)

> Temporary Filling - 60.00

Permanent Filling (Silicate or Amalgan)- 70.00

Permanent Filling (Light Cured)
 - 180.00(minimum)

Permanent Filling (Glass Ionomer)
 70.00 (minimum)

Prophylaxis/Oral Cleaning - 80.00

		Follow These Steps	IT WILL TAKE YOU	PLEASE APPROACH
1.	Midv	ation ster name in a logbook and receive a call number. vife on duty takes and records patient's blood sure.	5 minutes	Midwife on duty
2.	Tooth E	xamination		
	Dent a. b. c. d.	Tooth examination Tooth extraction (if needed) Post-extraction instructions about oral health Prescribes medicine, if needed.	45 minutes	Dr. Emma Tutor Dentist

### **Availing of anti-tuberculosis drugs**

### **☑ ABOUT THE SERVICE**

THE MUNICIPAL HEALTH Office (MHO) manages an anti-tuberculosis program. The purpose is to identify and treat patients with tuberculosis (TB). Drugs and medicine are provided free-of-charge.

### **☑** WHO MAY AVAIL OF THE SERVICE

Any person, 10 years old and above, who displays the following symptoms may have tuberculosis:

- persistent coughing for 2 weeks or more
- fever
- progressive weight loss
- chest or back pains
- hemoptysis or recurrent blood streak sputum
- loss of appetite
- tiredness/night sweating

### **☑ HOW TO AVAIL OF THE SERVICE**

Fol	low These Steps	IT WILL TAKE YOU	PLEASE APPROACH
1.	Inquiry  Inquire about the TB Drug dispensary and the requirements.	2 minutes  Midwife on Duty/Nurse	
2.	Receive Instructions  Client receives instructions for proper sputum collection.	3 minutes	
3.	Collection and Submission of Specimen  Midwife collects sputum specimen and submits it to the Medical Technologist for examination.  Client receives information as to the date of release of result.	10 minutes	DSSM-Direct Sputum Smear Microscopy Marlyn Orang-prepare and smear sputum if available for the medtech to read and exam. Stella C. Caseñas Med. Tech- smear and exam sputum specimen Midwife/PHN
4.	TB Coordinator or Midwife on Duty:  a. Assesses the patient, if eligible as National Tuberculosis Program (NTP) Beneficiary  b. If eligible, enrolls patient and issues NTP identification card  c. Gives patient info-education about TB Disease and Control and the importance of the Directly Observed Treatment for Short Course Chemotherapy with his/her treatment partner.  d. Issues initial TB Drug. Supply to treatment partner and instruct patient where to report for his daily intake of TB drugs and schedule of follow-up sputum re-exam.	30 minutes	MIDWIFE ON DUTY  TB Nurse Coordinator  - Supervise dose by PHN for daily intake the treatment partner will supervise at pts residence.

## Securing a health/medical certificate

Firms and government agencies may require Health Certificates from certain persons. This is especially true for those who are applying for work or people seeking employment.

Schools also require students to secure a Medical Certificate before they are allowed to enrol.

Health and Medical Certificates are issued by the Municipal Health Office (MHO).

#### V FEES

Issuance of Medical Certificate Medico Legal Certificate Certification Fee for Employment & other purposes Certification Fee (Medical cert.)	P 50.00 P 100.00
Sputum Examination	P40.00
Stool Examination	P 40.00
CBC	P 50.00
Blood Typing	P 50.00
HBSAG (Hepa Test)	P 135.00
Urinalysis U/A	P 25.00
Blood Cholesterol	P 150.00
Triglycerides	P 100.00
Blood Uric Acid	P 70.00
Blood Urea Nitrogen (BUN)	P 100.00
Fasting Blood Sugar (FBS)	P 70.00
Serum Creatinine	P 70.00

# ☑ REQUIREMENT(S)

For Employment and Other Purposes:

- Results of Blood Test (CBC)
- Results of Chest X-ray
- Results of Urinalysis
- Results of Drug Test
- Certification Fee

For Medical Certificate for Students:

• Certification Fee

# HOW TO AVAIL OF THE SERVICE

Follow These Steps		It Will Take You	Please Approach
1.	Go to the Municipal Health Office  Personnel instruct client to pay required certification fee and present Official Receipt.	2 minutes	<b>Virginia B. Fuentes</b> ER – OPD Rita L. Cagasan
2.	REGISTER CLIENT  Personnel accomplish certificate form and refers client to the physician on duty.	2 minutes	Virginia B. Fuentes ER – OPD
3.	Issuance of Certificate  Physician on duty assesses and examines the client before signing the certificate form.  Health or Medical Certificate is issued to client.	2 minutes	Dr. Victor Alan A. Torrefranca MHO

### **Securing a Sanitary Permit and Health Card**

THE MUNICIPAL HEALTH Office issues a Sanitary Permit to operate in all business establishments after the actual inspection.

Health cards are being used to operators and employees after physical examination and after attending the Food Handlers Class to all food handlers.

# **☑ REQUIREMENT**

• Health Certificate Fee -

P 50.00

Follow These Steps	It Will Take You	Please Approach
Present Official receipt for health certificate fee to the person-in-charge	1 minute	Virginia B. Fuentes Sanitary Inspector 1
2. Assess completeness of requirements	1 minute	
3. Register Client and purpose of issuance.	2 minutes	Sanitary Inspector
4. Accomplish Health Card, Sanitary Permit Form and Business License.	4 minutes	ON DUTY
5. Submit accomplish forms to Municipal Health Officer.	1 minute	Dr. Victor Alan A. Torrefranca Municipal Health Officer
6. Release of Health Card and Sanitary permit	1 minute	Sanitary Inspector on duty